



Opioid and heroin addiction
is an epidemic.



Office of Alcoholism and
Substance Abuse Services

Combat Heroin
and Prescription
Drug Abuse

What Are Opioids?

- Medicines that relieve pain
- Can be natural (from the poppy plant) or synthetic (man-made)

Common Prescription Opioids

- **Hydrocodone (Ex: Vicodin, Lortab); Oxycodone (Ex: OxyContin, Roxicodone, Percocet)**
 - Commonly prescribed for a variety of painful conditions, including dental and injury-related pain
- **Morphine (Ex: DepoDur, Astramorph, Duramorph)**
 - Often used before and after surgical procedures to alleviate severe pain
- **Fentanyl**
 - 50-100 times more potent than Morphine; Used to treat severe pain, often in patch form
- **Codeine**
 - Often prescribed for mild pain; Can also be used to relieve coughs and severe diarrhea

What Do Opioids Do?

- Reduce and relieve pain
- Can sometimes create a sense of euphoria
- HIGHLY habit-forming and addictive
- **SIDE EFFECTS:**
 - Drowsiness and sedation
 - Mental confusion
 - Nausea and vomiting
 - Constipation
 - Pinpoint (constricted) pupils
 - Slowed or depressed vital signs
 - Body temperature, blood pressure, pulse and respiration rates
 - Overdose and Death



Opioid Misuse/Dependence

Signs and Symptoms

Physical Signs

- Change in appetite
- Pupil size
 - Small: opioid intoxication
 - Large: opioid withdrawal
- Nausea
- Vomiting
- Sweating
- Shaking

Behavioral Signs

- Change in personality/attitude
- Change in friends
- Change in activities, sports, hobbies
- Poor attendance / grades
- Increased isolation; secrecy
- Wearing long sleeved shirts
- Moody, irritable, nervous, giddy, or nodding off
- Stealing

What is HEROIN?

A illegal narcotic used recreationally to achieve effects similar to those caused by prescription opioids

- **How Does It Make You Feel?**
 - Relieves pain; Instant rush of good feelings and happiness, followed by slow, dreamlike euphoria
- **Heroin comes from the opium poppy flower**
 - It can look like a white or brown powder, or black tar
 - Other names for it: horse, smack, junk, and brown sugar
- **How It Is Used**
 - Inject (most common and most dangerous), snort, or smoke it
 - No matter how you use it, it gets to the brain quickly
 - HEROIN IS **HIGHLY** ADDICTIVE – you quickly build a tolerance for it and need more each time to feel the same results

What is HEROIN?

- **Heroin is stronger, cheaper, and easier to get than prescription pills**
 - Also more **dangerous** – you never know what it is cut/mixed with
- **SIDE EFFECTS and RISKS ASSOCIATED WITH HEROIN:**
 - Slows vital signs (heart and pulse rate, breathing, blood pressure)
 - Itching
 - Nausea and vomiting
 - Collapsed veins
 - Infections of the heart lining and valves
 - Skin infections like abscesses and cellulitis
 - High risk of contracting HIV/AIDS, hepatitis B, and hepatitis C
 - Lung diseases like pneumonia and tuberculosis
 - Miscarriage

TEEN Brain Development

Brain development and maturation continues well into our early 20s

- **Areas of brain to develop in EARLY TEEN YEARS:**
 - Risk-taking and sensation-seeking
- **Areas of brain to develop LATER:**
 - Regulates emotions
 - Impulse control
 - Considering consequences
 - Judgement and decision-making

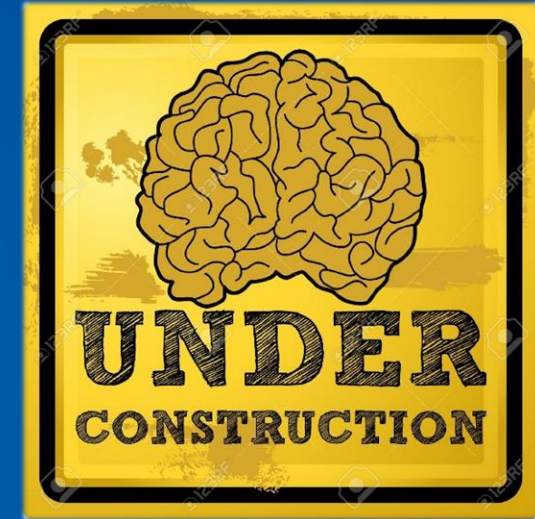


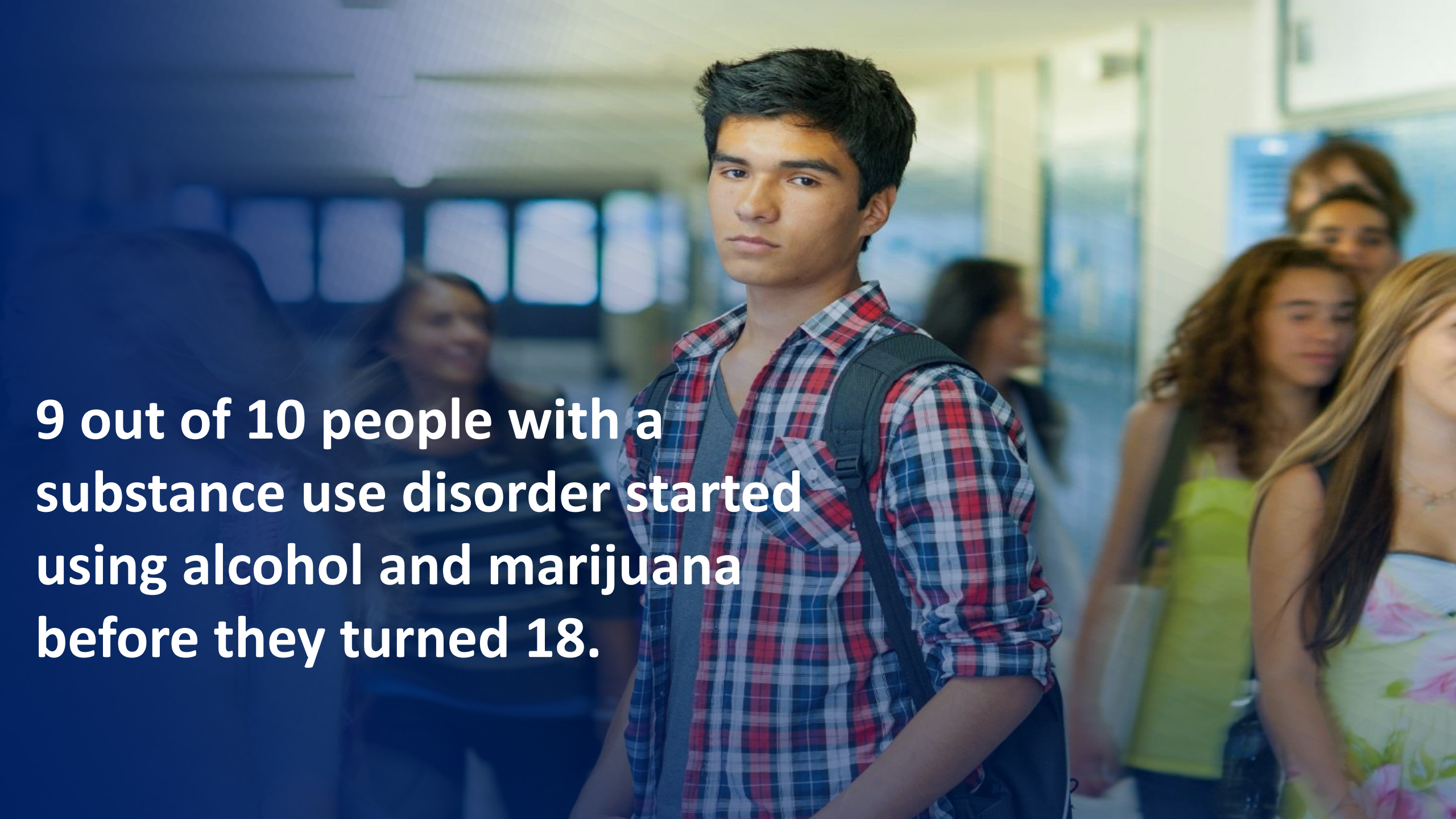
TEEN Brain Development

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What does this mean?

- PHYSICAL, SENSORY-CONNECTED activities may be preferred over complex, intellectually demanding ones
- Activities with HIGH EXCITEMENT and require LOW EFFORT [video games, sports, sex, drugs] are often preferred
- Poor self control and emotion management can lead to OVERREACTION and EXAGGERATED EXPRESSING of emotions



A young man with dark hair, wearing a red and blue plaid shirt over a grey t-shirt and a black backpack, stands in a school hallway. He is looking slightly to his right with a neutral expression. The background is blurred, showing other students and blue lockers. The lighting is soft and indoor.

9 out of 10 people with a substance use disorder started using alcohol and marijuana before they turned 18.

HEROIN addiction starts here...



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New York State Office of Alcoholism and Substance Abuse Services

[CombatHeroin.ny.gov](https://www.combatHeroin.ny.gov)

1-877-8-HOPENY

(1-877-846-7369)

**Do you think using
alcohol, marijuana and prescription pills
can lead to other drug use?**

NO ONE EVER THINKS IT WILL HAPPEN TO THEM.

NEW YORK STATE'S 911 GOOD SAMARITAN LAW PROTECTS YOU AND CAN SAVE A LIFE

Call 911 without fear of arrest if someone is having a drug or alcohol overdose

The following are signs of an overdose. CALL 911 if the person:

- ✓ Is passed out and cannot be woken up;
- ✓ Is not breathing, breathing very slowly, or making gurgling sounds;
- ✓ Has lips that are blue or grayish color.

Why should you care about the 911 Good Samaritan Law?

- ✓ The law empowers YOU to save a person's life.
- ✓ The law encourages anyone to call 911 when they see or experience a drug or alcohol overdose.

RESOURCES

- Link to NYS OASAS
- Link to Talk2Prevent
- Link to Combat Heroin
- Link to the Kitchen Table Toolkit
- Information on Good Samaritan law
- Spotlight on Synthetics
- Download Combat Heroin materials

<http://www.oasas.ny.gov/index.cfm>

<http://talk2prevent.ny.gov/>

<http://www.combatheroin.ny.gov/>

<http://www.combatheroin.ny.gov/kitchen-table-toolkit>

<http://www.combatheroin.ny.gov/prevention>

<http://www.oasas.ny.gov/AdMed/drugs/Synthetics.cfm>

<http://www.combatheroin.ny.gov/resources>



Reach out to your **LOCAL PREVENTION** and **TREATMENT PROVIDERS!!!**

OASAS Provider Directory: <https://www.oasas.ny.gov/providerDirectory>



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Find help and hope

for alcoholism, drug abuse or problem gambling

Call or Text

1-877-8-HOPENY

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Available 24 hours / 7 days



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